



MONDAY
February 2, 2026

Heritage Woods
Secondary

“WE ARE KODIAKS”



No Flex **BELL SCHEDULE**

Monday, February 2, 2026

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
Block 3	10:32 – 11:44
LUNCH	11:44 – 12:28
Block 4	12:32 – 1:44
Block 5	1:48 – 3:00

STUDENT ID

**If you got an email regarding
your student ID, please pick it up
@ the office at lunch time or
before or after school**





My Weekly Planner Flex Booking System

Follow the link below (also found on HWSS) website

Log in with your student number and password

Enter numbers only for your student number

Your default password is your student number

Set new password on first log in

Instructions to book your flex space were emailed to you

<https://hwss.myweeklyplanner.net>

FLEXpectations



- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored

STUDENT PARKING PASSES

Reminder to students who are driving to school and parking in the school parking lots.

Please come to the HWSS main office to register your vehicle and receive a PARKING PASS to be displayed in vehicle. Usually hang from rear view mirror.



Fragrance Free



Reminder to all that *SD43 is Scent Aware*, and as such the district is asking for cooperation towards a scent reduced environment.

All staff, students and visitors are strongly encouraged to avoid or reduce the use of ALL fragranced products, and to replace them with unscented alternatives.

ticket sale close
February 4th

Winter Festival

FOUNT

SOULD

Wednesday February 11th 6:30- 9:00

THEME: HOLLYWOOD

\$35



Terry would be proud



Go Kodiaks!!!

We Made A difference!!!

Be Proud!!!

Schools across
Canada rose
\$163000000

**We Raised \$6260.24
For Cancer Research**

INTERESTED IN TAKING PHILANTHROPY 11/12?

Come to room 109 on
Wednesday at 8:50 am
to chat with students
already taking it!





Transitions & EAL Tutorials begin next week, 2nd Feb

Please see Ms. Seiler, Ms. Lee or Ms. Mak if you have any questions.

MATH CONTESTS

PASCAL (9) CAYLEY (10) FERMAT (11)

MATH CONTESTS

If you wish to participate in one of these contests, they are now available for purchase in SCHOOL CASH.

Deadline to pay is Sunday Feb 8th.

For more information, please see the MATH CONTEST BOARD outside RM 216 or visit Ms. Paisley in RM 232

Interested in Science Co-op 2027??

Join our parent
information session
February 4th at 6pm
Library

Email for questions

Bwilson@sd43.bc.ca

Mbaldus@sd43.bc.ca

Science Co-op 11 Parent Presentation

Wednesday, February 4th

6-7 PM

HWSS library

Ms. Wilson - bwilson@sd43.bc.ca

Mr. Baldus - mbaldus@sd43.bc.ca

CLUBS



SOCIETY OF ACADEMIC PHILANTHROPISTS



EXEC APPLICATIONS NOW OPEN!

WHAT: Positions include but not limited to vice president, secretary, social coordinator, etc.

WHO: Grade 9–11 students

HOW: Scan the QR code to apply!

DEADLINE? February 9th, 2026



GOOD LUCK!

Chemistry Competitions

JCCO – Mon May 25th

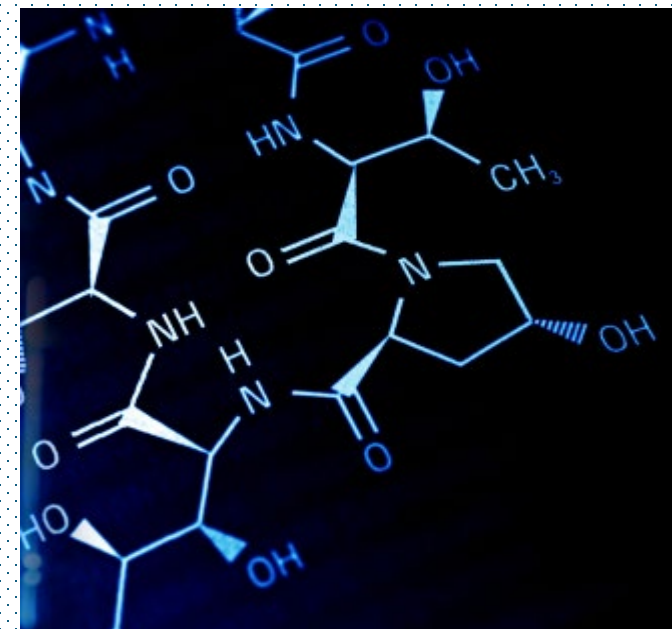
CCC/CCO – Tues April 22nd

Avogadro exam – Thurs May 14th – For Grade 11's

Chem 13 News Exam – Thurs May 7 – For Grade 12's

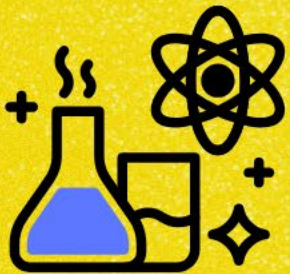
And more

Email Mr. Hung or at 127-LSPAGNUT@sd43.bc.ca for more information



COMMUNITY





Saturday, Jan. 31st

9am - 12 pm

Port Moody City Hall

We are collecting hands-on learning toys for early childhood to teens for children in Belize



- STEM, STEAM
 - Building, construction, Science kits, puzzles, coding, logic, Match
- Musical Toys and Instruments
- Educational Toys and Games
 - Board and learning games. Language, literacy, number based toys
- Sport Toys
- Gently Used, Clean and Complete Toys



February 27, 2026

8am–3pm

Inlet Theatre, 100 Newport Drive

**GAIN 7 HOURS
OF VOLUNTEER
TIME!**

PORT MOODY
CITY OF THE ARTS

Calling all Tri-Cities youth in grades 8–12! Join us on Friday, February 27, 2026 for the **Mayor's Youth Summit**, a full-day event focused on mental health and wellness. Take part in conversations about nutrition, stress, healthy relationships, an active yoga session, and connect with peers, city leaders, and community members.

<https://www.portmoody.ca/parks-recreation-and-environment/recreation/youth-recreation/mayor-s-youth-summit/>

✓ Free event, registration required. Earn 7 volunteer hours! Register now: <https://bit.ly/MYS2026>